

# Chelsea Rotary

## Whispering Waves

3068



29 January 2018

President: [Keith Chamberlain](#)

President Elect: [Maree Vinocuroff](#)

Secretary: [JJ Baptista](#)

Treasurer: [Peter Washington](#)

Club Contact: [Kevin Harrison](#) 0407 772 225

RI President: [Ian Riseley](#)

International: [Peter Batten](#)

Vocational: [David Healey](#)

Community: [Maree Vinocuroff](#)

Youth: [Michael Martin](#)

Foundation: [Hans Wehmoller](#)

Marketing and Membership: [Simon Pearson](#)

Rotary Club Number: 18357

Please click on any of the people above to send them an email.



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**ROTARY'S MOTTO**  
**IS "SERVICE**  
**ABOVE SELF"**

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

**FIRST:** The development of acquaintance as an opportunity for service.

**SECOND:** High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society.

**THIRD:** The application of the ideal of service in each Rotarian's personal, business and community life.

**FOURTH:** The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service.

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## Heat Exhaustion vs Heat Stroke

### Do you know the difference?

Heat Exhaustion	Heat Stroke
<h4>Symptoms</h4> <ul style="list-style-type: none"><li>• Cool, moist skin with goose bumps when in the heat</li><li>• Heavy sweating</li><li>• Faintness</li><li>• Dizziness</li><li>• Fatigue</li><li>• Weak, rapid pulse</li><li>• Low blood pressure upon standing</li><li>• Muscle cramps</li><li>• Nausea</li><li>• Headache</li></ul>	<h4>Symptoms</h4> <ul style="list-style-type: none"><li>• A body temperature of 104 F or higher</li><li>• Confusion, agitation, slurred speech, irritability, delirium, seizure or coma</li><li>• Skin will feel hot and dry to the touch.</li><li>• Nausea and vomiting.</li><li>• Flushed, red skin.</li><li>• Rapid, shallow breathing.</li><li>• Racing heart rate.</li><li>• Headache</li></ul>
<h4>Take Action</h4> <ul style="list-style-type: none"><li>• Stop all activity and rest</li><li>• Move to a cooler place</li><li>• Drink cool water or sports drinks</li></ul> <p>Contact your doctor if your signs or symptoms worsen or if they don't improve within one hour.</p>	<h4>Take Action</h4> <p>Take immediate action to cool the overheated person while waiting for emergency treatment.</p> <ul style="list-style-type: none"><li>• Get the person into shade or indoors.</li><li>• Remove excess clothing.</li><li>• Cool the person with whatever means available — put in a cool tub of water or a cool shower, spray with a garden hose, or place ice packs or cold, wet towels on the person's head, neck, armpits and groin.</li></ul>



Information from Mayo Clinic



## Meeting Dates and Topics

*Guests, family and friends are very welcome.*

**PLEASE book them in by contacting Kevin Harrison 0407 772 225**

***The following is our upcoming program. Meetings are at the Chelsea RSL unless otherwise stated.***

Date	Speaker	Description	Location	Chair	Sergeant
30 Jan	Peter Batten	Committee Meetings and International Report and if time permits, some information about Peter's business ventures.	Chelsea RSL		
6 Feb	Shia Smart 	Shia is our District 9810 District Governor Nominee. She will be DG in 2019/20.	Chelsea RSL	Keith	
Coming up in Feb date TBA	Kate McMahon	We sponsored Kate to go to <a href="#">NYSE</a> . She will relate her experiences.	Chelsea RSL	Michael	
2 Mar	Golf Day	At Patterson River Golf Club			

## Just to re-cap...

Last Tuesday night we reviewed position descriptions and designated roles so that, moving into my time as president, I am confident that all areas are relevant and being addressed. After a really productive discussion on each Position Description a number of recommendations for changes were made, some descriptions were amalgamated, some deleted altogether and some responsibilities were moved to other roles where they are more relevant.

It was felt that a number of areas should have two people so that there is support and a fall-back position if someone is absent. Discussion centred around who is responsible for what, and this discussion revealed that some areas were not being picked up while some roles were carried out by people outside of committees. I have rewritten all of the job descriptions after this feedback and these will now need to go to the membership and then the Board for ratification.

One position description that I have expanded is Property Manager I have broken it in to three sections - Farmers Market, Art Show and Club meetings. At this stage I would like anyone who has equipment related to club meetings (such as the bell, lectern, flags, pull ups etc.) to let me know what they have, so that we can look at a central location and everyone will know where things are. The other area mentioned was the History of the club. I will make the effort in coming weeks to track this down and again ensure that it is all stored together in a known location. Thank you to everyone for their contribution on the night.

This week we will have Committee Meetings (setting goals for 2018/19 with a report to be given to the Club and President) and we will also hear an update on the International Committee's activities from Peter Batten. With a bit of luck, he will also have time to speak about his business ventures.

If you found Graham Smith's talk about his business success inspiring and motivating, as many members did, you will also be interested to hear about Peter's success in building his businesses.

Also, please note the following Director's Reports are coming up...

30 Jan	Peter Batten (International)
6 Feb	Michael Martin (Youth)
13 Feb	Hans Wehmoller (Foundation)
20 Feb	Simon Pearson (Vocational)
27 Feb	Peter Washington (Treasurer)
6 Mar	Maree Vinocuroff (Community)

Best wishes,

Maree.



**Making a Difference**



Congratulations to [Professor Michelle Simmons](#),  
Australian of the Year 2018

Please feel free to advertise your pre-loved items here, or place requests for things that you think people might have at home that they don't need.

*Clothes, air conditioners, fans, fridges, phones, magazines, bottles, jars, gardening tools, heaters, lights, bikes, bookshelves, tables, chairs, rugs, linen, towels, computers, cabinets, pets, cars, houses, advice, skills, recommendations...*

## January Celebrations

### INDUCTIONS

<b>Greg Caughey</b>	<b>18/1/2000</b>
<b>Brian Lowe</b>	<b>10/1/1989</b>

### BIRTHDAYS

<b>Graham Smith</b>	<b>18<sup>th</sup> January</b>
<b>Liz Lowe</b>	<b>20<sup>th</sup> January</b>
<b>David Healy</b>	<b>21<sup>st</sup> January</b>
<b>Michael Martin</b>	<b>23<sup>rd</sup> January</b>

### ANNIVERSARIES

<b>Simon and Joanne Pearson</b>	<b>19<sup>th</sup> January</b>
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**ROTARY:  
MAKING A  
DIFFERENCE**

The Weekly Newsletter of the ROTARY CLUB OF CHELSEA (INC) DISTRICT 9810

Charter granted 12/10/1954 ABN 19057 610 183

P O Box 103 Chelsea Vic. 3196

The Club meets weekly at the Chelsea RSL Thames Prom. Chelsea Tuesday Evenings

6.15pm for 6.45pm start

Club Bank Details: Bendigo Bank BSB 633 000 Account: 1424 861 33 (admin. acct.)