

Bulletin 2960 August 23, 2015

Club President: Ian Button
President Elect: Peter Batten
Club Secretary: Greg Caughey
Treasurer: Peter Washington
Club Contact: Kevin Harrison 0407 772 225
RI President: K.R. "Ravi" Ravindran

Rotary Club of Chelsea WHISPERING WAVES



Guests, family and friends are very welcome.

PLEASE book them in by contacting Kevin Harrison 0407 772 225

The following is our upcoming program. Meetings are at the Chelsea RSL unless otherwise stated.

Date	Speaker	Description	Chairperson/Committee
Tue 25 Aug	Gregg Wragg	Explaining some Overseas projects	International – Regina/ In. Card - Kevin
Tue 1 Sep	Damian Winch	Explaining and requesting help to start a charity in Cambodia	International – Regina/ Int. Card - Lynn
Tue 8 Sep	Club Forum		President - Ian/ Int. Card – David
Tue 15 Sep	Leon Moore		Chairperson – Simon/ Int. Card – Liz
Tue 22 Sep	Victorian Dog Adoption		Community – Topsy/ Int. Card – Liz
Tue 29 Sep	Football Trivia Night		Peter Batten / Int. Card – George

Message from the President

Hi folks,

Last week was one of our best attended meetings, with only a handful of injured or working members absent, but it was still an excellent meeting with lots of questions for our guest speakers, Ann White and Helene Stubbs from Monash Health's InReach program, a program which will affect each and every one of us indirectly, if not directly, and probably more and more as we (or friends and relatives that we know) require aged care. It's a great service and don't forget to contact InReach just dial 13004INREACH (130044673224).

This week Past President Greg Wragg (PHF) will speak about international projects he oversees, especially in his role as the District 9810 Coordinator for projects in Fiji. It should be an interesting talk.

Cheers
Ian



Reward Rotary Club of Chelsea by doing your banking.

Drop into your branch at Aspendale Gardens Shopping Centre, Aspendale Gardens or phone 9588 0610 to find out more.

Bendigo and Adelaide Bank Limited. ABN 11 068 049 178. AFSL 237879. CLUB14 (168421_v1) (22/10/2012)



Aspendale Gardens-Edithvale **Community Bank®** Branch



**ROTARY'S MOTTO
IS "SERVICE ABOVE
SELF"**

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service.

SECOND: High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society.

THIRD: The application of the ideal of service in each Rotarian's personal, business and community life.

FOURTH: The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service.

Bike Ride October 17th and 18th

Two of our riding group (Joe Kenwright and Rick Dahlenburg have put together the basics of a ride for October. Here are the details.

Saturday West Leg: Alexandra to Cathkin to Yea: 34kms (includes several uphill sections and Cheviot Tunnel). **Optional Extension:** Yea to Kerrisdale Railway Museum: 17km (Total of 34 km for recreational riders, 51km for better riders, everyone meets at Yea). The shorter Saturday ride also allows late starters to catch up and meet at Yea.

Sunday East Leg: Fit Riders: Alexandra to Cathkin to Bonnie Doon: 53km. Recreation riders start at Cathkin for 40km ride to Bonnie Doon with 13km climb out of Alexandra deleted.

This gradient info is of interest:

<http://www.greatvictorianrailtrail.com.au/trail-gradient>

This "trail highlights" summary is good too:

[http://www.goulburnrailtrail.com.au/rail trail information.html](http://www.goulburnrailtrail.com.au/rail%20trail%20information.html)

Initial plans for the main ride are to use Alexandra as a weekend base to access the two most scenic sections of the route. It's central and offers everything we need for an overnight stop including several night time options. It also has a great camp park with cabins and community areas.

Our main concern is that cyclists from all round Australia are flocking to this trail and booking out accommodation months ahead. We would like to lock in a tentative date soon.

<http://www.alexandratouristpark.com/accommodation.htm>

The moderate climb out of Alexandra offers spectacular views then at Cathkin we have the option of turning left or right. Left takes us to Yea via the Cheviot tunnel, for a great place to stop, with the option of then heading to Kerrisdale where we would organise a pick-up and return to Alexandra.

The second day we would again ride to Cathkin but this time we head for Bonnie Doon and the Eildon dam, again with a pick-up and return to Alexandra.

To just ride to and from somewhere 50km each way on one small section of this trail would not do it justice hence our preference to ride two different sections on each day.

This gives you a great summary of the distances and what we can access along the way:

[http://www.goulburnrailtrail.com.au/rail trail information.html](http://www.goulburnrailtrail.com.au/rail%20trail%20information.html)

<http://www.greatvictorianrailtrail.com.au/>

The stronger riders who know how it all works and can help us on both days will be so much the better, hence the invitation to join us.

This is open to everyone so if you are interested contact Greg Caughey in the first instance.

News from Yarrabah School

On August 26th Yarrabah will be holding a "Thank You" morning tea from 11:00am. All volunteers and school donation contributors are invited to share a morning tea presented by senior students.

Yarrabah School extends its thanks to all who have supported the school over the last year. You have provided our school with much needed programs, supported student learning and helped make school an enjoyable place to learn. We value your contributions and invite you to a special morning tea to thank you for supporting students at Yarrabah.

During the morning Yarrabah will be opening the Artists in Residence Mural. The mural, "Berserk about Books", was a project between students and artist Kevin Burgemeestre during Term 2. You are invited to the opening at 10:30am.

The Premiers office has also indicated that the Premier of Victoria, The Hon. Daniel Andrews may attend.

Matthew Harris
Principal

Joint Family Day with Rotary and Monash Childrens Hospital

On November 22nd 2015 a joint family fun day will be held between Rotary and the Monash Children's. It is hoped that this will be an annual events.

The event will be held at Jells Park Glen Waverley between 10AM and 4PM.

To be a success we would like your help please.

The day will have children's races plus stalls. What we need from you is:

- Man power to help marshal and other duties
- Clubs to provide stalls for either food or activities i.e. face painting etc. (clubs can use this as a fundraiser in itself as the agreement is half of the net profit to Rotary and half to Monash Children's)
- And sponsorship of the differing events i.e. cover the cost of the participant ribbons / certificates.

This promises to be a big day and hopefully a signature event for our district. From the publicity and presence there is the prospect of new members.

If you are able to support this wonderful event, please contact Claire Button on claireb@bigpond.net.au

August

INDUCTIONS

PHF Teena Griffiths 2001

Helen Washington 2004

BIRTHDAYS

Maree Vinocuroff Aug 12

MonashHealth

Acute care in
the right place **Call 24/7**

1300 4 INREACH
www.inreach.org.au

There was so much interest in this topic at Tuesday's meeting it was thought worth of adding more details here.

InReach at Monash Health provides care, consultation, referral, education and support for clients and care providers in Residential Care Facilities (RCF).

InReach helps to:

- Ensure that care is delivered in the right place at the right time
- Prevent avoidable hospital presentations where appropriate by bringing expert hospital care to the facility.
- Support transition of clients from hospital to their place of residence.
- Assist the facilities' staff in the ongoing development of clinical skills and knowledge.
- Support emergency services such as Ambulance Victoria and our Emergency Departments by providing a clinical resource in the community.

InReach operates 7 days per week, including Public Holidays. It is staffed by clinical nurses and doctors.

Nurses can visit residents during the day from Monday to Sunday, with doctors currently available Monday to Friday.

InReach can assist with transition to substituted in-patient care in the community for clients requiring medical therapies under the Hospital in the Home Program.

Doctors are available on the following times:

Saturday 1400 – 2000

Sunday and public holidays 0800 – 1400

Inreach now offer a nursing telephone support and bookings 24 hours a day, 7 days a week. For this support service, please contact our telephone number below:

PHONE: **1300 4 INREACH** (1300 4 467 322)

Don't forget the Farmers Market

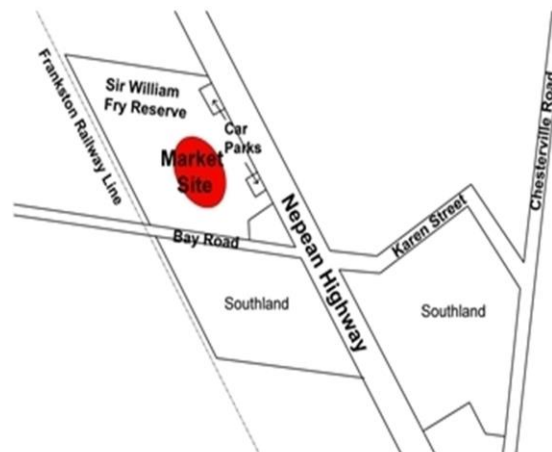
Contact Hans Wehmoller

Time: 8am - 12:30pm

Date: The first Saturday of each month (except January)

Location: Sir William Fry Reserve, Nepean Highway, Highett

Cost: \$2 donation on entry



Suggested Links:

[Rotary Home Page](#)

[Rotary District 9810](#)

[Rotary Home Exchange](#)

[The International Travel & Hosting Fellowship](#)

[NOVA - Vaccines - Calling the shots](#)

[Rotary Micro Lending for Solar Power](#)

[Rotary Down Under Magazine Archive](#)

[Seniors Rights](#)

[Randonneur](#)

[People Smuggling](#)

[Be a gift to the World](#)

[Seth Godin](#)

[Art Gallery NSW - Archibald History](#)

[Bayside News](#)

The Weekly Newsletter of the ROTARY CLUB OF CHELSEA (INC) DISTRICT 9810

Charter granted 11/10/1954 ABN 19057 610 183 www.chelsearotary.org.au

P O Box 103 Chelsea Vic. 3196

The Club meets weekly at the Chelsea RSL Thames Prom. Chelsea Tuesday Evenings

6.15pm for 6.45pm start

Club Bank Details: Bendigo Bank BSB 633 000 Acc: 1424 861 33 (admin. acct.)